



NCAA & NAIA Athletics

OBJECTIVES

- Inform and educate on the necessary steps needed, to pursue the potential prospect of participating in collegiate athletics.
- Create a guide to assist families as they begin this venture.

TOPICS

- **Recruiting Realities and Process**
 - Playing beyond Probability and Realities
 - Recruiting Calendar and Process
 - Athletic Scholarship vs Financial Aid Package
- **NCAA/NAIA Eligibility Process**
 - Academic Eligibility Requirements
 - NCAA/NAIA Eligibility Center and its Importance
- **Timeline for Eligibility**
- **Strategies and Next Steps**

Estimated Probability of Competing in College Athletics

	Participants at US High Schools	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	488,815	34,554	7.1%	2.1%	2.2%	2.8%
Basketball	546,428	18,684	3.4%	1.0%	1.0%	1.4%
Cross Country	257,691	14,412	5.6%	1.9%	1.4%	2.3%
Football	1,083,308	73,660	6.8%	2.6%	1.8%	2.4%
Golf	146,677	8,676	5.9%	2.0%	1.7%	2.2%
Ice Hockey	35,155	4,102	11.7%	4.6%	0.5%	6.5%
Lacrosse	109,522	13,446	12.3%	2.9%	2.3%	7.1%
Soccer	440,322	24,803	5.6%	1.3%	1.5%	2.8%
Swimming	133,470	9,455	7.1%	2.8%	1.1%	3.2%
Tennis	157,201	8,092	5.1%	1.7%	1.1%	2.4%
Track & Field	591,133	28,334	4.8%	1.9%	1.2%	1.7%
Volleyball	55,417	1,899	3.4%	0.7%	0.8%	1.9%
Water Polo	21,857	1,014	4.6%	2.6%	0.7%	1.3%
Wrestling	250,653	7,075	2.8%	1.0%	0.8%	1.0%

Estimated Probability of Competing in College Athletics

	Participants at US High Schools	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Women						
Basketball	429,380	16,593	3.9%	1.2%	1.1%	1.6%
Cross Country	222,516	15,958	7.2%	2.7%	1.8%	2.7%
Field Hockey	59,793	6,032	10.1%	3.0%	1.2%	5.8%
Golf	74,762	5,293	7.1%	2.9%	2.1%	2.1%
Ice Hockey	9,514	2,289	24.1%	9.0%	1.0%	14.0%
Lacrosse	88,050	11,375	12.9%	3.8%	2.6%	6.5%
Soccer	381,529	27,358	7.2%	2.4%	1.9%	2.9%
Softball	366,685	19,680	5.4%	1.6%	1.6%	2.1%
Swimming	166,747	12,356	7.4%	3.3%	1.1%	3.0%
Tennis	183,800	8,933	4.9%	1.6%	1.1%	2.2%
Track & Field	485,969	29,048	6.0%	2.7%	1.5%	1.8%
Volleyball	436,309	17,119	3.9%	1.2%	1.1%	1.6%
Water Polo	20,230	1,136	5.6%	3.3%	1.0%	1.3%

Sources: High school figures from the [2015-16 High School Athletics Participation Survey](#) conducted by the National Federation of State High School Associations; data from [club teams](#) not included. College numbers from the NCAA [2015-16 Sports Sponsorship and Participation Rates Report](#).

Last Updated: March 10, 2017

RECRUITING REALITIES

- Unfortunately on the Division I-A and I-AA levels, the initial screening process is done through tangible metrics that we cannot control.
 - Height and /or weight are many times used as the initial screening process.
 - i.e. Football, Volleyball, Softball, and Basketball
 - Others evaluate primarily on skill assessment.
 - i.e. Soccer, Wrestling, Tennis, Track & Field

INITIAL SCREENING PROCESS

▶ SOFTBALL

	NCAA D1	NCAA D2	NCAA D3/NAIA	NJCAA
Pitchers				
Height	5'9"	5'7"	5'6"	5'5"
Velocity	60+	58+	55+	54+
Middle Infielders				
Height	5'8"	5'4"	5'4"	5'3"
Weight	160 lb.	150 lb.	140 lb.	135 lb.
Pop Time	<1.8	<1.9	<2.0	<2.2
Home to 1B	<3.0	<3.1	<3.2	<3.4
Corner Infielders				
Height	5'7"	5'6"	5'5"	5'4"
Weight	145 lb.	140 lb.	135 lb.	130 lb.
Home to 1B	<2.9	<3.0	<3.1	<3.3
Outfielders				
Height	5'7"	5'5"	5'4"	5'3"
Weight	135 lb.	130 lb.	130 lb.	125 lb.
Home to 1B	<2.8	<2.9	<3.1	<3.3

INITIAL SCREENING PROCESS

▶ MEN'S BASKETBALL

	NCAA D1	NCAA D2	NCAA D3/NAI A	NJCAA
PG	5'11+	5'10+	5'9+	5'9+
SG	6'1+	6'0+	5'11+	5'10+
SF	6'3+	6'2+	6'1+	6'1+
PF	6'7+	6'6+	6'5+	6'4+
C	6'9+	6'8+	6'7+	6'6+

▶ WOMEN'S BASKETBALL

	NCAA D1	NCAA D2	NCAA D3/NAI A	NJCAA
PG	5'8"+	5'7"+	5'5"+	5'6"+
SG	5'10"+	5'8"+	5'7"+	5'8"+
SF	5'11"+	5'10"+	5'8"+	5'9"+
PF	6'0"+	5'11"+	5'9"+	5'10"+
C	6'2"+	6'0"+	5'11"+	5'11"+

RECRUITING REALITIES

- **DIVISION 1:** They find you (majority of the time)
- **DIVISION 2:** Many times (not always) D2 schools wait until AFTER National Letter of Intent day to find those D1 prospects that fell through the cracks.
 - So some D2 offers might not come until as late as April of your senior year.
- **DIVISION 3:** Still assess talent, but GPA is the main factor when selecting athletes.

RECRUITING TERMINOLOGY

➤ **Recruiting Calendar**

- Recruiting Calendars help promote the well-being prospective student-athletes and coaches and ensure competitive equity by defining certain time periods in which recruiting may or may not occur in a particular sport.
 - For a list of NCAA recruiting calendars by respective sport, click [here](#).

➤ **First Contact Rule**

- For most sports, off-campus contact initiated by the college coach cannot begin until after July 1 of the student-athlete's Junior year.

RECRUITING TERMINOLOGY

➤ **Contact Period**

- The most wide-open time. During this time, coaches can visit with prospects and families regardless of location. In-person contact is permitted once per week. Note that a coach cannot visit a school multiple times in one week if it has more than one prospect. Electronic and written communications are also permitted.

➤ **Evaluation Period**

- Considerably more restrictive than the contact period in one key way: off campus face-to-face contact is not permitted. That means no home visits. Coaches can still visit a prospect's school. Visits to schools are ostensibly for the purpose of evaluation. Prospects can visit colleges and receive written and electronic communication. Many scholarship offers go out in this period.

RECRUITING TERMINOLOGY

➤ **Quiet period**

- The quiet period tightens things a bit more, preventing any off-campus contact or viewing. Visits to the college's campus and written or electronic communications are still permitted. Coaches often try to have prospects visit campus unofficially during this time in the spring and early summer, so that they can become familiar with the campus.

➤ **Dead period**

- The dead period is the most restrictive. No in-person contact is allowed, even if a prospect makes a visit to the college campus. Written and electronic communications are still permitted.

RECRUITING TERMINOLOGY

➤ National Letter of Intent

A National Letter of Intent is signed by a college-bound student-athlete when the student-athlete agrees to attend a Division I or II college or university for **one academic year**. Participating institutions agree to provide financial aid for **one academic year** to the student-athlete as long as the student-athlete is admitted to the school and is eligible for financial aid under NCAA rules. Other forms of financial aid do not guarantee the student-athlete financial aid.

The National Letter of Intent is voluntary and not required for a student-athlete to receive financial aid or participate in sports.

Signing a National Letter of Intent ends the recruiting process since participating schools are prohibited from recruiting student-athletes who have already signed letters with other participating schools.

A student-athlete who has signed a National Letter of Intent may request a release from his or her contract with the school. If a student-athlete signs a National Letter of Intent with one school but attends a different school, he or she will lose one full year of eligibility and must complete a full academic year at their new school before being eligible to compete.

RECRUITING TERMINOLOGY

➤ **Head Count Scholarship**

- Head count sports mean the team is restricted in the number of athletes that can be on scholarship. For example, an NCAA DI FBS Football team is allowed 85 scholarships per year and they are only allowed to have 85 athletes on scholarship. They can't divide that money up to give half scholarships to more athletes.
- **Headcount scholarship sports are Football (DI FBS only), Basketball (DI men's-13 and women's-15), Tennis-8 (DI women only), Gymnastics-12 (DI women only) and Volleyball-12 (DI women only).**

RECRUITING TERMINOLOGY

➤ **Equivalency Scholarship**

- Equivalency scholarships mean there is no restriction on how many athletes can be on scholarship, but there is a limit on the number of scholarships a team can have. In this scenario, a team might have 30 athletes and 15 scholarships. Rather than have 15 athletes on scholarships and 15 athletes as walk-ons, a coach will divide the scholarships and all athletes could receive half scholarship. This is an oversimplification of how coaches divide scholarships, but it illustrates the point that for most equivalency sports, athletes are on partial scholarships. The following sports are considered equivalency sports:
- **All DI sports not listed above, All NCAA DII sports, All NAIA sports, All Junior Colleges, NCAA DIII does not offer scholarships but does offer other forms of financial aid.**

Full Athletic Scholarship vs Financial Aid Package

➤ Full Athletic Scholarship

- Pertain primarily to “Head Count Sports” where tuition and fees, room and board, and books are covered at the university’s expense.
- “All or nothing”

➤ Financial Aid Package

- Pertain to all “Equivalency Sports” where athletic aid is combined with financial aid offering via FAFSA (Stafford Loans, PELL Grant), outside scholarships (Pauahi, OHA, etc.), or Private Funding (private loans, personal savings, college savings fund, etc.)

Full Athletic Scholarship vs Financial Aid Package

➤ Financial Aid Package Example:

\$10,670 - Tuition, Fees, Room & Board (R & B) Per Semester

- **\$6,000** - Football Scholarship (\$1,800 R & B + \$4,200 Tuition & Fees)

\$ 4,670 - Your Responsibility (Payable via Private or Student loans, PELL grant, and any outside scholarships) ***Books ARE NOT included**

➤ Important things to note with Financial Aid Package:

- Not necessarily, but strongly suggested completing a FAFSA yearly if one knows they will not be able to cover the remaining costs.
- What is a PELL Grant? Federal Pell Grants are limited to students with financial need, who have not earned their first bachelor's degree, or who are enrolled in certain post-baccalaureate programs, through participating institutions.
- Room and Board might be covered by a room waiver.
 - Do not want to let child live off campus; may lose housing money and meal plan

Multi-Sport Athletes: Sweetening the Pot

- Evidence can be found for both sport specialization and multi-sport athletes.
- Multi-Sport Athlete:
 - Can be used as a tool for you to get more institution-based funding at Div. II and NAIA
 - Ex. Football & Wrestling, Volleyball & Track

Off-the-field Evaluation

- **“Film is your resume, but your character is what gets you offered the job”**
 - Recruiters are paying a lot closer attention to an athletes’ off-the-field interactions; can be a deal-breaker
 - Coaches are primary source of these evaluations, so their effort in practice, locker room/team interactions. Also speak with counselors, teachers, administrators...
- **FAQs**
 - Work ethic?
 - Mental toughness?
 - Good teammate:
 - Family dynamic? Any on-field issues with parents?
 - School work? Do they seek help?
- Parents need to constantly discuss these interactions with their child; colleges are looking for student-athletes that are ready to handle the mental and social aspects of being a collegiate athlete, not just talent only anymore.

Personal Mana'o

- **We (your 'ohana, KCS Athletic Department, Coaches) all desire for our student-athletes to achieve and compete at the highest level.**
 - Keep striving to achieve goals.
- **We cannot have a “D1” or “bust” mentality.**
 - A lot of athletic scholarship opportunities are there to assist with paying for college.
 - Also many funding options are available (Division 3 schools).
- **If no D1 offers come to fruition, then 'ohana must re-group and make a decision that is financially sound.**



NCAA/NAIA ELIGIBILITY PROCESS

NCAA ELIGIBILITY RULES: D1 & D2

- **THE NCAA USES 3 FACTORS TO DETERMINE ELIGIBILITY TO PARTICIPATE IN D1 & D2 INTERCOLLEGIATE ATHLETICS:**
 - CORE GRADE POINT AVERAGE (GPA)
 - BEST SECTION COMBINATION OF SAT (CRITICAL READING & MATH ONLY) OR ACT TEST SCORE
 - AMATEURISM
- **RIGHT NOW, THE NCAA ELIGIBILITY RULES FOR D1 & D2 ARE DIFFERENT (D1 USES A SLIDING SCALE, D2 USES A MINIMUM CORE GPA & TEST SCORE).**
 - BEGINNING 2018-2019 D2 WILL USE A SLIDING SCALE.
- **A GOAL SHOULD BE TO MEET WITH YOUR COUNSELOR AND BE D1 ELIGIBLE. THIS WILL ALSO ALLOW YOU TO BE D2 ELIGIBLE AS WELL.**

NCAA ELIGIBILITY RULES: ACADEMIC COURSEWORK

➤ **MUST COMPLETE 16 CORE COURSES:**

- ENGLISH: D1 = 4 YEARS; D2 = 3 YEARS
- MATH (MIN. ALG 1): D1 = 3 YEARS; D2 = 2 YEARS
- NATURAL/PHYSICAL SCIENCE (1 YEAR OF LAB SCIENCE): D1&2 = 2 YEARS
- ADDITIONAL ENGLISH, MATH, OR NATURAL/PHYSICAL SCIENCE: D1 = 1 YEAR; D2 = 3 YEARS
- SOCIAL SCIENCE: D1 & 2 = 2 YEARS
- ADDITIONAL YEARS OF ENGLISH, MATH OR NATURAL PHYSICAL SCIENCE, SOCIAL SCIENCE, FOREIGN LANGUAGE, COMPARATIVE RELIGION OR PHILOSOPHY: D1 & 2 = 4 YEARS

D1 ACADEMIC REQUIREMENTS

Full Qualifier

- Complete 16 core courses.
- Ten of the 16 core courses must be completed before the seventh semester (senior year) of high school.
- Seven of the 10 core courses must be in English, math or natural/physical science.
- Earn a core-course GPA of at least 2.300.
- Earn the ACT/SAT score matching your core-course GPA on the Division I sliding scale.
- Graduate high school.

Academic Redshirt

- Complete 16 core courses.
- Earn a core-course GPA of at least 2.000.
- Earn the ACT/SAT score matching your core-course GPA on the Division I sliding scale.
- Graduate high school.

D1 SLIDING SCALE

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
3.550	400	400	37
3.525	410	410	38
3.500	430	420	39
3.475	440	430	40
3.450	460	440	41
3.425	470	450	41
3.400	490	460	42
3.375	500	470	42
3.350	520	480	43
3.325	530	490	44
3.300	550	500	44
3.275	560	510	45
3.250	580	520	46
3.225	590	530	46
3.200	600	540	47
3.175	620	550	47
3.150	630	560	48
3.125	650	570	49
3.100	660	580	49
3.075	680	590	50
3.050	690	600	50
3.025	710	610	51
3.000	720	620	52
2.975	730	630	52
2.950	740	640	53
2.925	750	650	53
2.900	750	660	54
2.875	760	670	55
2.850	770	680	56
2.825	780	690	56
2.800	790	700	57
2.775	800	710	58

*Final concordance research between the new SAT and ACT is ongoing.

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
2.750	810	720	59
2.725	820	730	60
2.700	830	740	61
2.675	840	750	61
2.650	850	760	62
2.625	860	770	63
2.600	860	780	64
2.575	870	790	65
2.550	880	800	66
2.525	890	810	67
2.500	900	820	68
2.475	910	830	69
2.450	920	840	70
2.425	930	850	70
2.400	940	860	71
2.375	950	870	72
2.350	960	880	73
2.325	970	890	74
2.300	980	900	75
2.299	990	910	76
2.275	990	910	76
2.250	1000	920	77
2.225	1010	930	78
2.200	1020	940	79
2.175	1030	950	80
2.150	1040	960	81
2.125	1050	970	82
2.100	1060	980	83
2.075	1070	990	84
2.050	1080	1000	85
2.025	1090	1010	86
2.000	1100	1020	86

ACADEMIC REDSHIRT

D2 NEW ACADEMIC REQUIREMENTS

Full Qualifier:

- Complete 16 core courses.
- Earn a core-course GPA of at least 2.200.
- Earn the ACT/SAT score matching your core-course GPA on the Division II full qualifier sliding scale (see back page).
- Graduate high school.

Partial Qualifier:

- Complete 16 core courses.
- Earn a core-course GPA of at least 2.000.
- Earn the ACT/SAT score matching your core-course GPA on the Division II partial qualifier sliding scale.
- Graduate high school.

D2 SLIDING SCALE FULL QUALIFIER

DIVISION II FULL QUALIFIER SLIDING SCALE			
USE FOR DIVISION II BEGINNING AUGUST 2018			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
3.300 & above	400	400	37
3.275	410	410	38
3.250	430	420	39
3.225	440	430	40
3.200	460	440	41
3.175	470	450	41
3.150	490	460	42
3.125	500	470	42
3.100	520	480	43
3.075	530	490	44
3.050	550	500	44
3.025	560	510	45
3.000	580	520	46
2.975	590	530	46
2.950	600	540	47
2.925	620	550	47
2.900	630	560	48
2.875	650	570	49
2.850	660	580	49
2.825	680	590	50
2.800	690	600	50

2.775	710	610	51
2.750	720	620	52
2.725	730	630	52
2.700	740	640	53
2.675	750	650	53
2.650	750	660	54
2.625	760	670	55
2.600	770	680	56
2.575	780	690	56
2.550	790	700	57
2.525	800	710	58
2.500	810	720	59
2.475	820	730	60
2.450	830	740	61
2.425	840	750	61
2.400	850	760	62
2.375	860	770	63
2.350	860	780	64
2.325	870	790	65
2.300	880	800	66
2.275	890	810	67
2.250	900	820	68
2.225	910	830	69
2.200	920	840 & above	70 & above

D2 SLIDING SCALE PARTIAL QUALIFIER

DIVISION II PARTIAL QUALIFIER SLIDING SCALE			
USE FOR DIVISION II BEGINNING AUGUST 2018			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
3.050 & above	400	400	37
3.025	410	410	38
3.000	430	420	39
2.975	440	430	40
2.950	460	440	41
2.925	470	450	41
2.900	490	460	42
2.875	500	470	42
2.850	520	480	43
2.825	530	490	44
2.800	550	500	44
2.775	560	510	45
2.750	580	520	46
2.725	590	530	46
2.700	600	540	47
2.675	620	550	47
2.650	630	560	48
2.625	650	570	49
2.600	660	580	49
2.575	680	590	50
2.550	690	600	50

2.525	710	610	51
2.500	720	620	52
2.475	730	630	52
2.450	740	640	53
2.425	750	650	53
2.400	750	660	54
2.375	760	670	55
2.350	770	680	56
2.325	780	690	56
2.300	790	700	57
2.275	800	710	58
2.250	810	720	59
2.225	820	730	60
2.200	830	740	61
2.175	840	750	61
2.150	850	760	62
2.125	860	770	63
2.100	860	780	64
2.075	870	790	65
2.050	880	800	66
2.025	890	810	67
2.000	900	820 & above	68 & above

*Final concordance research between the new SAT and ACT is ongoing.

NCAA ELIGIBILITY RULES: D1 & D2

➤ **SLIDING SCALE RULE:**

- FOR ANY GIVEN CORE GPA, THERE IS A MINIMUM TEST SCORE THAT MUST BE ATTAINED.
 - THE HIGHER THE CORE GPA, THE LOWER THE TEST SCORE NEEDED TO BECOME ELIGIBLE AND VICE VERSA.
 - ****KEEP IN MIND THAT STUDENT-ATHLETE (ESPECIALLY FOR D2 SCHOOLS) WILL STILL BE HELD TO THE MINIMUM GPA AND TEST SCORE REQUIREMENTS ACCORDING TO THE INSTITUTION.**
 - EXAMPLE: STANFORD

➤ **MUST CONTINUE TO EMPHASIZE HAVING A CORE GPA > 3.0.**

NCAA ELIGIBILITY RULES: D3

- **DIVISION 3 DOES NOT HAVE ELIGIBILITY RULES**
 - CONSISTS OF PRIVATE COLLEGES & UNIVERSITIES
 - NO ATHLETIC AID IS GIVEN, THEREFORE STUDENT-ATHLETES ARE SUBJECT TO THE INSTITUTION'S ADMISSION POLICY
- **THE HIGHER THE GPA, THE MORE INSTITUTIONAL-BASED FUNDING ONE WILL BE ELIGIBLE TO RECEIVE.**

NCAA ELIGIBILITY RULES: AMATEURISM

- **AMATEURISM IS DETERMINED THROUGH A SERIES OF QUESTIONS ASKED WHEN YOU VERIFY AMATEURISM THROUGH THE NCAA ELIGIBILITY CENTER (\$80 fee)**
 - Click [here](#) for D1 & D2 registration checklist.
 - Click [here](#) for D3 registration checklist.
 - **THE NCAA NEEDS TO VERIFY IF THE STUDENT-ATHLETE HAS EVER BEEN PAID TO PLAY.**
 - INTERNATIONAL STUDENT-ATHLETES, TENNIS, GOLF, SOCCER ATHLETES.
 - JUST BECAUSE A STUDENT-ATHLETE HAS BEEN PAID TO PLAY, DOES NOT AUTOMATICALLY DISQUALIFY THEM. LET THE NCAA MAKE THAT DETERMINATION.

ELIGIBILITY RULES: NAIA

- **NAIA PARTICIPATING SCHOOLS ARE MOSTLY PRIVATE COLLEGES & UNIVERSITIES.**
 - OFFER ATHLETIC SCHOLARSHIPS.
 - CURRENTLY, \$500 MILLION FOR 65,000 NAIA-PARTICIPATING STUDENT-ATHLETES
- **ELIGIBILITY REQUIREMENTS VERY DIFFERENT THAN NCAA (\$80 fee; [CLICK HERE TO REGISTER FOR NAIA ELIGIBILITY CENTER](#)).**
 - GRADUATE FROM ACCREDITED HS.
 - ACCEPTED AS REGULAR STUDENT IN GOOD STANDING.
 - MEET **TWO** OF THE FOLLOWING **THREE** REQUIREMENTS:
 - MINIMUM ACT SCORE: 18 OR MINIMUM SAT SCORE 860. (CRITICAL READING AND MATH ONLY).
 - MINIMUM OVERALL (NOT CORE) GPA: 2.0
 - TOP 50% OF HS GRADUATING CLASS.

PERSONAL THOUGHTS

- **MUST BE PROACTIVE IN ENSURING THAT YOUR CHILD IS REGISTERING FOR THE RIGHT CLASSES AND PASSING THEM.**
 - ESPECIALLY WITH 10 CORE COURSES COMPLETED BY BEGINNING OF SENIOR YEAR.
 - [NAVIANCE](#) IS A GREAT TOOL TO AID PARENTS.
- **STRESS THE NEED FOR YOUR STUDENT TO ATTAIN THE HIGHEST GPA POSSIBLE.**
 - SOME D2 SCHOOLS HAVE INSTITUTIONAL-BASED SCHOLARSHIPS WHERE TUITION CAN BE FREE.
 - D3/NAIA SCHOOLS, THE HIGHER THE GPA, THE MORE OPPORTUNITIES TO RECEIVE INSTITUTIONAL GRANTS AND AIDS



TIMELINES FOR ELIGIBILITY

TIMELINE TO ASSIST IN PROPER ELIGIBILITY

➤ **GRADE 9:**

- SET UP A TIME TO MEET WITH OUR COLLEGE COUNSELOR.
- BECOME FAMILIAR WITH NAVIANCE.
- BECOME FAMILIAR WITH THE NCAA OR NAIA ELIGIBILITY CENTER SITE.

➤ **GRADE 10:**

- REGISTER WITH THE NCAA/NAIA ELIGIBILITY CENTER BY THE END OF THE SCHOOL YEAR.
 - EARLY CERTIFICATION = FIRST IN LINE.

TIMELINE TO ASSIST IN PROPER ELIGIBILITY

GRADE 11:

- **DOUBLE CHECK** (at the beginning of the school year) **THAT YOUR STUDENT IS IN LINE TO COMPLETE 10 CORE COURSES BY THE END OF THE SCHOOL YEAR** (worse-case scenario, by the end of summer school).
- **TAKE FIRST SAT/ACT BY THE END OF THE YEAR; IDEAL TO TAKE FIRST TEST IN DECEMBER AS A MARKER. YOU WILL WANT TO TAKE THE TEST AS MANY TIMES AS POSSIBLE IF NEED BE.**
- **AT THE END OF THE SCHOOL YEAR, ASK YOUR COUNSELOR TO UPLOAD YOUR OFFICIAL TRANSCRIPT TO THE NCAA/NAIA ELIGIBILITY CENTERS.**
- **HAVE AN IDEA OF THE SCHOOLS (REGARDLESS OF ATHLETICS) THAT YOUR CHILD WOULD LIKE TO ATTEND.**
- **DESIRED MAJOR/CAREER**
- **ASK FOR LETTERS OF RECOMMENDATION (3) BY THE END OF THE SCHOOL YEAR.**
 - **ONE LETTER SHOULD COME FROM A NON-ACADEMIC SOURCE WHO CAN SPEAK TO CHARACTER, WORK ETHIC, ETC.**
 - **COACH, FORMER BOSS, MENTOR**

TIMELINE TO ASSIST IN PROPER ELIGIBILITY

➤ **GRADE 12:**

- FINISH YOUR LAST NCAA CORE COURSES.
- TAKE THE ACT OR SAT AGAIN, IF NECESSARY, AND SUBMIT YOUR SCORES TO THE NCAA/NAIA.
- COLLEGE APPLICATIONS AND FAFSA NEED TO BE COMPLETED BY THANKSGIVING.
- COMPLETE ALL ACADEMIC AND AMATEURISM QUESTIONS IN YOUR NCAA/NAIA ELIGIBILITY CENTERS (If Applicable).
- AFTER YOU GRADUATE, ASK YOUR COUNSELOR TO SUBMIT YOUR FINAL OFFICIAL TRANSCRIPT WITH PROOF OF GRADUATION TO THE NCAA/NAIA ELIGIBILITY CENTERS.

PERSONAL THOUGHTS

- **PLAN FOR ATHLETICS NOT TO BE IN THE PICTURE:**
 - ANY RECRUITMENT IS ICING ON THE CAKE.
 - ALL COLLEGE APPS AND **FAFSA** PAPERWORK SHOULD BE COMPLETED BY **OCTOBER** (THANKSGIVING AT THE LATEST).
- **OPTION IF FINANCES ARE AN ISSUE:**
 - LOOK AT WESTERN UNDERGRADUATE EXCHANGE SCHOOLS
 - IF YOU QUALIFY, STUDENTS FROM PARTICIPATING STATES PAY A RATE OF 150% IN-STATE TUITION. THIS CAN MAKE SCHOOL MUCH MORE AFFORDABLE.
- **PICK SCHOOLS WHERE, IF ATHLETICS WERE OUT OF THE PICTURE, YOUR CHILD WOULD BE WILLING TO FINISH THEIR DEGREE THERE.**



STRATEGIES & NEXT STEPS

RECRUITING STRUGGLES FOR HAWAII STUDENT-ATHLETES

- **RECRUITING REALITIES FOR HAWAII (Exception: Football)**
 - **DIFFICULT GETTING EXPOSURE DUE TO ISOLATION**
 - **STRATEGIES TO COUNTER THIS ISSUE:**
 - **PARTICIPATE IN TOURNAMENTS ON THE MAINLAND.**
 - **PARTICIPATE IN CLUB TOURNAMENTS, SHOWCASES, ETC.**
 - **FRESHMAN AND SOPHOMORES WILL ALSO BE EVALUATED AT THESE EVENTS.**

HOW TO COMBAT THESE STRUGGLES

STEP 1: (GAME FILM)

- SHOWCASES ARE GREAT, BUT COACHES CANNOT FULLY EVALUATE A PLAYERS' SKILL SET
- ESPECIALLY IN HAWAII, NOT MANY SCHOOLS HAVE THE RECRUITING BUDGETS TO SEND COACHES HERE TO RECRUIT.
- GETTING GAME FOOTAGE IN HUDL
 - ENCOURAGING OUR STAFF TO USE HUDL.
 - SUBMIT NOT ONLY HIGHLIGHTS, BUT ALSO AT LEAST ONE FULL HALF OF BEST GAME FOOTAGE, IF NOT THE WHOLE GAME. ANYONE CAN SUBMIT HIGHLIGHTS THAT MAKE THEM LOOK GOOD, SO COACHES WANT ACTUAL FOOTAGE OF AN ENTIRE HALF OR FULL GAME.

GETTING THE WORD AND FILM OUT

FACILITATORS FOR THIS PROCESS:

- **THE SCHOOL AND COACHING STAFF CAN BE FACILITATORS FOR THIS PROCESS, BUT ARE NOT THE RESPONSIBLE PARTY.**
 - **FAMILIES HOLD THE KEY TO YOUR RECRUITING, OR LACK THEREOF.**
 - **YOU MAKE THE FILM AND WE CAN ASSIST IN SENDING IT OUT.**

EXAMPLE OF PLAYER PROFILE

CONTACT INFORMATION:

NAME:

EMAIL:

PARENTS:

RECRUITING INFORMATION:

PRIMARY SPORT:

OTHER SPORTS PLAYED:

DESIRED LEVEL OF COMPETITION:

AWARDS/ACCOLADES:

HIGHLIGHT/FILM:

(enter web address)

NCAA ELIGIBILITY ID:

NAIA ELIGIBILITY ID:

ACADEMIC INFORMATION:



CUMULATIVE GPA:

HONORS/IB COURSES

SAT TAKEN: YES (unofficial test score available upon request)

PLACE EMAIL ADDRESS OF WHO SHOULD BE CONTACTED FOR TRANSCRIPT AND/OR TEST SCORES

THIS IS JUST ONE EXAMPLE



THE INFORMATION PRESENTED HERE IS
DESIGNED TO ASSIST FAMILIES IN THIS
PROCESS. IF YOU HAVE QUESTIONS, PLEASE
MAKE AN APPOINTMENT TO MEET WITH YOUR
“SCHOOL COUNSELOR”. ALSO, THE SOONER
YOU REVIEW THE NCAA/NAIA ELIGIBILITY
CENTERS, THE BETTER.

